Newsletter

Week 2 Term 1

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 12 February</td>
<td>Parent Information Night – 5.30pm in Classrooms, 6pm Hall (repeated again at 6.30)</td>
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<tr>
<td>Thursday 19 February</td>
<td>Swimming Carnival – Years 3-6 CISAC</td>
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<tr>
<td>Monday 16\textsuperscript{th} February – Friday 20\textsuperscript{th} February</td>
<td>“Getting to Know You” interviews</td>
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<tr>
<td>Monday 23rd February – Friday 27\textsuperscript{th} February</td>
<td>“Getting to Know You” interviews</td>
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Attachments

- P&C AGM Notice
- P&C Subcommittees AGM Notice
- Canteen Menu

The Miles Franklin Mobile App

Available for free in the App Store, Google Play and in your web browser at http://tinyurl.com/kann2tl
Message from the Principal

We’ve had a great start to the year over the last week. Children are settled in their classes, teachers have been busy with assessments to see what knowledge has been retained and to get a benchmark for the child from which to challenge them further. A couple of children have looked to see if we mean what we say when it comes to behaviour and have found us to be unwavering, for the learning and wellbeing of our children is our priority.

Getting to Know You Interviews
Please arrange a Getting to Know You Interview with your child’s teacher. Bookings are made online but if you do not have online access you can contact the front office and they will make the booking for you. Interviews can also be arranged through the front office with Jenny Hudson (English as an Additional language or Dialect), Cynthia Harris (French) and Chris Currie (PE). These meetings are really important as we work with you and your child to set challenging and attainable goals for the year.

Dogs on school grounds
Please see the advice from TAMS in regards to dogs in public places:

Prohibited places
Dogs are not to be taken into the grounds of:
• a child-care centre, preschool or primary school; or
• a high school or secondary college during school hours or school sports, including after hours training.
Dogs are not to be taken onto a field or playing area while sport or training for sport is being conducted, or when in use by school groups.
Infringement notices can be issued for the above offences.
Taken from http://www.tams.act.gov.au/city-services/pets/keeping_dogs_in_the_act/where_can_i_take_my_dog
It is very important these rules are adhered to. As a child I grew up around numerous dogs and my parents were RSPCA volunteers who checked homes were suitable for dogs before they were given away. We never had less than two dogs on the farm. And I was bitten many times, usually my own fault for rushing up to a dog, wrestling or teasing it. With the unpredictability of both dogs and children it is important we follow the legislation. There are many things your dog can be tethered to around the school-fences, posts, trees etc.- that mean you can walk to and from school and your dog isn’t in the vicinity of other children. Please remember also that dogs should be kept on a lead at all times, the nearest off-leash area for dogs being Diddams Close at Lake Ginninderra.

“BRAVE” Program
A new youth anxiety program is now available that might be beneficial to some of you. BRAVE Self-Help is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. In association with beyondblue, this program is now freely available to all children and adolescents who are living in Australia and aged between 8 and 17 years old.
The program is suitable for all types of anxiety, and was developed by a team of researchers from the University of Queensland, Griffith University and the University of Southern Queensland. It has been specially designed to teach young people the skills they need to reduce their anxiety and to cope with stressful situations. It has been running throughout Australia for the last 13 years and has a strong evidence base supporting its efficacy.

For more information about the program please visit www.brave4you.psy.uq.edu.au

We understand the start of a new school year can be a time of anxiety for many children and hope this might be of some assistance.

Chris

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**Living the PYP @ Miles Franklin**

A key practice that all PYP schools needs to model is that: *The school community demonstrates an understanding of the, and commitment to, the Primary Years Programme (PYP)*. These weekly newsletter articles are written to inform and involve the school community in our journey at Miles Franklin towards authorisation as an International Baccalaureate World School.

This edition is focussed on addressing the following PYP practices:

> The school develops and promotes international mindedness across the school community.

Last Friday I had the privilege of leading professional development to introduce the Primary Years Programme (PYP) to staff new to Miles Franklin in 2015. The purpose of the training was to introduce staff to the philosophy of the International Baccalaureate (IB).

The common ground that all PYP schools around the world strive to achieve is a culture of international mindedness in their staff, students, parents and community.

Therefore, one of the first tasks at the training was for staff to reflect upon the following question:

> What is international mindedness?

What would your answer be? Where do you start to define something so broad!
Staff started by watching and reflecting on a YouTube clip called ‘If the World Were a Village of 100 People’. [https://www.youtube.com/watch?v=FtYjUv2x65g](https://www.youtube.com/watch?v=FtYjUv2x65g)

From here, our discussions centered around defining the qualities and values that people demonstrate in order to be an ‘internationally minded’ person. Here is what we came up with as a group:
Characteristics of International Minded People:

- Shows empathy
- Are open minded
- Explores global perspectives
- Has an awareness of others
- Shows tolerance and respect for other people’s ideas
- Has an understanding that they are part of a global community
- Makes connections between their experience and history and that of others

Why does this all matter?
As a PYP Candidate School, we set out to live the mission of the IB: to develop inquiring, knowledgeable and caring young people who help to create a better world through intercultural understanding and respect.

So…..what is an internationally minded person? It is a person who demonstrates the attributes of the Learner Profile.

Discussion starters for parents and carers at home this week:

- What are your hopes and dreams for your child by the time they finish at Miles Franklin?
- What qualities do you see as important for your child to demonstrate towards others?
- Which of the Learner Profile attributes does your child demonstrate and which one could be a goal for them this term?
- What can we do to further develop international mindedness at Miles Franklin? (I’d love to hear from you!)

SAVE THE DATE:
‘Living the PYP @ Miles Franklin’- Community Event

**Topic:** What is a ‘Unit of Inquiry’ and how can parents/carers become involved?

**Date:** Wednesday 4 March 5.30-6.30pm
OR a repeat session on Friday 6 March 9.00-10.00am

**Where:** Miles Franklin Primary School library.

**Presenter:** Nicole Jaggers

I look forward to meeting parents at one of these upcoming community education events. Come along to find out more about our IB program and how you can become actively involved in your child’s education at home and at school.

Nicole Jaggers
PYP Coordinator
nicole.jaggers@ed.act.edu.au
**Sports News**

**House Captains**
It is my pleasure to announce students who have been elected as captains and vice-captains for our Sports Houses after meetings last week. They are:

<table>
<thead>
<tr>
<th>House</th>
<th>Gibbs</th>
<th>Jennings</th>
<th>Klein</th>
</tr>
</thead>
<tbody>
<tr>
<td>Captains</td>
<td>Alex McLaughlin</td>
<td>Jessica Workman</td>
<td>Eloise Wilson</td>
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<td></td>
<td>Jacob Todd</td>
<td>Josh Sikaloski</td>
<td>Mark Bray</td>
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<tr>
<td>Vice-Captains</td>
<td>Zara Imhoff</td>
<td>Charlotte Suffolk</td>
<td>Montana Boyle</td>
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<td></td>
<td>Daniel Millucci</td>
<td>Jack Power</td>
<td>Jai Allen</td>
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</tbody>
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**Swimming Carnival**
The Miles Franklin PS Swimming Carnival will be held on Thursday of Week 3, 19 February, at CISAC for years 3-6. Any year 2 students who turn 8 this year and wish to compete in an event may also attend.
As well as the races there will also be an opportunity for all who attend to spend time in the water for novelty activities and on the slide.
Any members of the community who are able to volunteer to assist with timing etc. are most welcome and appreciated.

**Years 3-6 Sports Survey**
We have created an online survey for parents of students in years 3-6 to let us know what sports your students are playing already and what sports they might be interested in trying out.
We will use this information to make sure parents receive information about sports that your child/ren might be interested in (including Belconnen School Sport Region trials for years 5/6). This will also help us determine what sort of sports/teams we might look at offering at the school during the year.
You can access the survey by visiting: [http://goo.gl/forms/IN74BnWFW8](http://goo.gl/forms/IN74BnWFW8)

Chris Currie
Miles Franklin Primary School Board Elections

If you’re keen to contribute to Miles Franklin Primary school, you should nominate for a position on the Miles Franklin Primary School Board! No prior experience is necessary.

The following positions are vacant:

**Two Parent Positions**

You can pick up a nomination form from the Miles Franklin Primary School front office between 9am to 3pm Monday to Friday, or request one be emailed to you. Nominations must be submitted to the front office between

**11am, Monday 2 February 2015**

And

**11am, Monday 16 February 2015**

You can submit your nomination by:

- Hand delivery to the front office
- Email to info@mfps.act.edu.au

For more information, contact the Assistant Returning Officer, Meg King on 62051628
Canteen News

MILES MUNCHBOX MATTERS:

FUN DAY LUNCH – At the end of last term last year we had a number of parent volunteers that helped out on the Fun Day Canteen Special lunch. They were an amazing help and we would like to say a big thank you for volunteering your time and helping make it such a lovely treat for the students.

VOLUNTEERING - Can you help out? We’d Love your help in the Canteen any day for as little or as long as you can spare. Just after 9am to 11am is our busiest time and we could really use extra hands to make this time easier. Please contact Canteen Manager Chris in the Canteen in person, email mfpcanteen@bigpond.com or phone 62051775.

We just want to kick off the year and pass on information regarding the Canteen Process for our new families to the school but also refresh the process for the current families:

CANTEEN ORDERING – All orders need to be at the canteen by 9am (late lunch orders make it hard for us to have food ready for lunch at 11am). Using Flexischools to order lunch is so simple and can be done in advance to 9am at anytime. Set up an account using the Flexischools website – www.flexischools.com.au

If you are placing a cash order for lunch or recess at the canteen (must be done before 9am), is done using a paper bag. Paper bags are available from the canteen for 20c a bag. Orders MUST be dropped off at the canteen. Lunch tubs are no longer kept in the classrooms.

If you order frozen treats, please remind your child to bring their lunch bag up to the canteen to collect the frozen item as we do not send them down to class in the lunch tub.

If you have ordered your child an item that we are out of stock of we will arrange a substitute item to ensure they will not go hungry.

Does your child have any food allergies or restrictions on what they can buy? – We will need a photo and information from you so that we can make sure they buy appropriate things from the canteen.

Our menu is available via flexischools and the school website in the dropbox. Any changes to pricing and availability are actioned there.

You can order birthday packs for your child’s class from the canteen. Options are cupcakes, frog in a pond or Quelch frozen fruit juice iceblocks. Please order 1 week prior to the day they are required.

Please feel free to contact us on email mfpcanteen@bigpond.com or phone (02) 62051775 with any feedback or queries.
Uniform Shop

Yr 6 Shirt deliveries from 2014 – We would just like to make sure all shirts that were ordered last year made it to you. We had a late delivery from the supplier which meant shirts went to the classrooms in the final weeks of school last year. If you did not receive your shirt could you please email us immediately mfpcanteen@bigpond.com.

PROCESSSES - Our new day is Wednesdays only 8.40 to 9.15am. We will see how this goes for the next few weeks and it may change but we will notify parents in the Newsletter if it does. Flexischools will operate as normal and orders will be processed Mondays through to Fridays. All our pricing and photos of our stock can be found on the school website in the drop box under the Uniform Shop also Flexischools list the price of all items. If we have the item in stock we deliver to class to your child pretty quickly. Flexischool orders are emailed to us from the previous days ordering prior to 5pm. If you order after 5pm then the order is emailed to us 2 days after. Please keep this in mind if you are ordering hats and need it the next day. If we are out of stock of an item or it is a special order item we aim to have it to you within 2 weeks (allowing time for logoing / excludes custom orders eg: Yr6 Shirts which are only ordered once a year)

We sell hats every day from the canteen for $11. Orders can be via flexischools or cash at the canteen window.

If you have any questions, please email or ask at the Canteen.
Miles Franklin Parents & Citizens Association Incorporated
Annual General Meeting- February 24th 2015
Nomination Form for AGM advertised positions

I wish to nominate___________________________________________ as a candidate for the position of

Candidate’s name

___________________________________________ in the ___________________________ committee

Position name ___________________________ Committee/Subcommittee name ___________________________

Candidate

I accept the nomination for the position of _____________________________ in the above stated committee.

Name: ___________________________ Signature: _____________________________

Moved by:

Name: ___________________________ Signature: _____________________________

Seconded by:

Name: ___________________________ Signature: _____________________________

Notes:

• The candidate, nominator and seconder must be members of the Association.
• Candidates may nominate themselves.
• “Moved by” and “Seconded by” may be completed before, or at the meeting.
• Additional Officers or General Member positions as determined by the P&C Association are not considered part of the P&C Executive Committee
• Signed Nomination forms can be handed into the P&C locked box (located opposite canteen) labelled “P&C AGM Nominations” or scanned & emailed to MFPandC@outlook.com before Tuesday 24th February 12pm or brought to the meeting.

List of Committees and Positions available:

Main P&C Committee:

Executive (office bearer) positions to be filled: President, Vice President, Secretary and Treasurer

General member positions to be filled: Fete Coordinator, Fundraising Coordinator and ACT P&C Council Delegate.

Canteen & Uniform Shop subcommittee:

Positions to be filled: Chair, Secretary, Treasurer and Uniform Shop coordinator

Out of School Hours care (MSOSH) Subcommittee:

Positions to be filled: Chair, Vice Chair, Secretary and Treasurer

Music Scheme Subcommittee:

Positions to be filled: Chair, Secretary, Treasurer and enrolment officer

Preschool Subcommittee:

Positions to be filled: Chair, Secretary, Treasurer and Fun day coordinator
Miles Franklin Parents & Citizens Association
Notice of Annual General Meeting
Week 4 - Tuesday 24th February 2015

Subcommittees

Canteen and Uniform shop: 6:30 – 7:15 - School staff room
Positions to be filled: Chair, Secretary, Treasurer and Uniform Shop coordinator
Contact: Allison Reid at MFPandC@Outlook.com

Out of School Hours Care: 6:30 – 7:15 pm - OSHC room
Positions to be filled: Chair, Vice Chair, Secretary and Treasurer
Contact: Joanna Price-Murray at jofprice@grapevine.com.au

Music Scheme: 6:00 – 7:00 pm – School meeting room
Positions to be filled: Chair, Secretary, Treasurer and enrolment officer
Contact: Sarah Power at powies@iinet.net.au

Preschool: 6:30 – 7:15 pm – Preschool class room
Positions to be filled: Chair, Secretary, Treasurer and Fun day coordinator
Contact: Leanne Hayes at leannelobo@hotmail.com

Main P and C Committee: 7:30 – 8:30 pm - School meeting room
Office bearer positions to be filled: President, Vice President, Secretary and Treasurer
General member positions to be filled: Fete Coordinator, Fundraising Coordinator and ACT P&C Council Delegate.
Contact: P&C President Allison Reid at MFPandC@Outlook.com

Nomination forms for positions available from front office or School website DropBox (P&C AGM Folder)
Miles Franklin Parents & Citizens Association
Annual General Meeting - Week 4 Tuesday 24th February 2015
See main notice for meeting times and contacts

What we do

The P&C and its subcommittees provide valuable services to the school, fundraises for extra resources and provides the parent community the opportunity to have a say in everything from traffic safety problems, student support services, libraries & IT, bullying & enrolment issues just to name a few. Our P&C is made up of the main P&C Association committee and four subcommittees outlined below.

Main P and C Committee

Would you like to meet other parents from the school, find out more about how the school works, raise issues of concern and be involved in deciding where our fundraising dollars go? The main P&C committee runs the association and oversees the subcommittees and what services they provide to the school. We are also a member of the ACT Council of P&C Associations which can provide assistance in helping us deal with many common issues and concerns faced by parents with primary school aged children.

Subcommittee: Canteen and Uniform shop

The Canteen and Uniform Shop Subcommittee provides support to the Canteen and operates the Uniform Shop. The aim is to promote services, encourage healthy eating, offer convenience and manage funds to maintain the operation of the canteen and uniform shop. If you would like a say in the type of food and activities the Canteen and Uniform Shop provide come to the AGM to find out more.

Subcommittee: Out of School Hours Care (MFOSHC)

The Miles Franklin Out of School Hours Care provides high quality before, after and holiday program care for students of Miles Franklin Primary. The day to day operations are managed by the director and the finances are managed by the book keeper, with the parent management committee providing oversight to the running of the centre. The Out of School Hours Care subcommittee have some exciting projects this year and would welcome parents from the school to get involved.

Subcommittee: Music Scheme

The Music Scheme arranges music tuition for students of MFPS. Currently tuition is offered in keyboard, guitar, piano, recorder, flute and violin. The scheme also organises the well regarded Miles Franklin Music Festival which is held at the school in Term 3.

A reminder that your children do not have to be part of the music scheme for parents to become members of the committee - all parent helpers are welcome to help out.

Subcommittee: Preschool:

This subcommittee provides preschool parents the opportunity to network with fellow preschool parents, fundraise and discuss issues that are particular to the preschool. They also run an annual fun day at the latter end of the year aiming to bring together the current and future preschool parent community to showcase our amazing preschool facilities.
MILES FRANKLIN PRIMARY SCHOOL CANTEEN

Miles Munchbox Menu

ONLINE ORDERING AVAILABLE: www.flexischools.com.au

RECESS: At the counter, when available

CANTEEN MADE GOODIES

COLD:  Anzac cookie ................................................................. 1.00
         Choc chip cookie .......................................................... 1.00
         Cup cakes ...................................................................... 1.00
         Jelly cups ...................................................................... 1.20

HOT:  Hash brown ................................................................... 1.20

EVERY DAY: Lunch orders only

Order and correct money in classroom box before 9.30am or order through Flexischools and we will take care of the rest.

SANDWICHES (wholemeal only unless specified) or WRAPS

Chicken & salad ................................................................. 4.00 ... 4.50
Cheese & salad ................................................................. 3.50 ... 3.80
Ham & salad ....................................................................... 4.00 ... 4.50
Egg & salad ......................................................................... 3.20 ... 3.70
Salad (carrot, cucumber, lettuce, tomato) ...... 3.30 ... 3.50
Chicken ............................................................................... 3.20 ... 3.70
Egg ..................................................................................... 3.00 ... 3.50
Cheese ................................................................................ 2.50 ... 3.00
Ham ..................................................................................... 3.00 ... 3.50
Vegemite ............................................................................ 2.00 ... 2.50
Extra fillings (each) ........................................................... 2.00 ... 2.50
Toasted ........................................................................... add .50
Bread roll ................................................................... add .50

TOASTED JAFFLES

Ham & cheese ....................................................................  .35
Ham, cheese & tomato .......................................................  .40
Chicken, cheese & tomato ..................................................  .40
Cheese & tomato .................................................................  .30
Cheese ................................................................................  .25

HEALTHY CHOICE

Buttered roll ....................................................................... 1.00
Garlic bread ...................................................................... 1.50
Corn on the cob .................................................................. 1.00
Boiled egg ......................................................................... .80
Cheese sticks ....................................................................... .80
Carrot sticks ....................................................................... .60
Snack nachos .................................................................... 2.50
Fried Rice ........................................................................ 3.50

MRS MAC’S GOOD EATING

Spinach & ricotta roll .......................................................... 3.20
Sausage roll ...................................................................... 2.80
Baby pie ........................................................................... 1.30
Mini pizza – ham & pineapple ........................................... 3.40
Chicken nuggets (6) ............................................................ 3.00
Tomato sauce (sachet) ......................................................... 30

SALAD PLATES

Salad (four fillings) (add ham for .50) .................................. 3.50
Egg & Salad ........................................................................ 3.50
Cheese & Salad .................................................................. 3.50

SPECIALS: Lunch orders only

MONDAY: Pasta Day (Also available any day)
Spaghetti Bolognaise or Mac N Cheese (green tick meal) ....4.00

TUESDAY: Nacho Supreme
Nacho supreme with meat bolognaise sauce, cheese & sour cream ......................................................... 4.00

WEDNESDAY: Baked Potato or Lasagne
Baked potato with meat bolognaise sauce, cheese & sour cream or Beef Lasagne (green tick meal)...... 4.00

THURSDAY: Doggie Meal Deal
Hot dog (with or without sauce), Moove milk (chocolate / banana / strawberry), 2 yoghurt frogs ............. 5.50
Hot dog (with or without sauce) ........................................ 3.50

FRIDAY: Burger Day
Chicken burger (with lettuce & mayonnaise) ....................... 4.00
Fish burger (with lettuce & mayonnaise) ............................. 3.80
Cheeseburger (cheese & sauce) ......................................... 4.00
Hamburger (with lettuce, carrot & tomato) ......................... 4.00
Hash brown ...................................................................... 1.20

LUNCH & RECESS: by order or at counter

DRINKS

100% fruit juice (apple / orange / apple & blackcurrant / paradise punch) .............................................. 1.50
Moove flavoured milk 300mls (chocolate / strawberry / Banana) ............................................................... 2.30
Moove flavoured milk 375mls (choc malt honey) .......... 2.50
Up&Go (vanilla / chocolate) ............................................... 2.50

FRUIT

Fruit salad ........................................................................ 3.00
Fruit salad with yoghurt .................................................... 3.50
Fruit (seasonal) & free slinky ...........................................  .80
Slinky your apple ............................................................. .20

ICE BLOCKS

Quelch Fruit Iceblock .......................................................... .60
Frozen fruit cup ................................................................. 1.00
Slushies (summer only) .................................................... 2.00

OTHER

Jumpies (chicken / bbq / salt & vinegar) ................................ 1.00
Potato chips (plain / honey soy chicken) .............................. 1.50
Popcorn .............................................................................. 1.00
Ovalteenies ................................................................. 1.00
Liquorice twist (red / black) ................................................. .30
Yoghurt stick ................................................................. .30
Yoghurt frog .................................................................... .20
Sunfruit face .................................................................... .10
Sour strap ........................................................................ .30
Lolly Bag (.60 of lollies for a .50) ......................................... .50

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Yoghurt frog .................................................................... .20
Sunfruit face .................................................................... .10
Sour strap ........................................................................ .30
Lolly Bag (.60 of lollies for a .50) ......................................... .50
Our canteen always appreciates parent/carer volunteers. Shifts are available on most days. Thursdays and Fridays are our busiest days. Please see the canteen manager or contact the canteen if you can help: 6259 0558 or email mfpcanteen@bigpond.com

Lunch Orders

- Order through Flexischools by 9.00am or write your child’s name, teacher’s name/class and order clearly on a large lunch bag.
- Orders are required at the canteen no later than 9.00am.
- Large lunch order bags can be purchased from the canteen – 20c per bag.
- Lunch order bags must be returned to the canteen to collect ice blocks and slushies.
- If there is an item missing from your child’s lunch order, please ask them to return their lunch order bag to the canteen for the item to be replaced.

Recess Sales

- Healthy choice foods are offered every recess.
- You can place an order via flexischools or canteen for a recess order from the menu. Your child will come to the canteen to collect it at recess.

Birthday packs

Please complete Canteen birthday order form (available from Canteen or internet) or place through flexischools. Birthday packs are an easy way for your child to celebrate with their class. We will prepare the pack you choose for the number of children in your child’s class, and deliver it to the classroom on the designated day.

<table>
<thead>
<tr>
<th>Pack number</th>
<th>Description</th>
<th>Price per class</th>
<th>Notice required</th>
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<tbody>
<tr>
<td>1</td>
<td>Cupcakes with sprinkles</td>
<td>$25.00</td>
<td>1 week</td>
</tr>
<tr>
<td>2</td>
<td>Frog in a pond (lolly frog in a cup of jelly)</td>
<td>$20.00</td>
<td>1 week</td>
</tr>
<tr>
<td>3</td>
<td>Quelch Iceblocks</td>
<td>$17.50</td>
<td>1 week</td>
</tr>
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General information

- No credit is available at the canteen.
- There is a $0.50 limit per day per child for lollies.
- If a child has no lunch, the Canteen is directed to provide a sandwich, which will be charged to the family.
- The canteen sells fruit (.80) and water (1.50) if you need it.

The MFPS Canteen operates under the National Healthy School Canteen Guidelines and provides choice for healthy and yummy eating.