



Newsletter

Week 5 Term 1

DATES TO REMEMBER

Monday 4 March – Friday 8 March	Selected ILP meetings
Wednesday 13 March	Harmony Day (whole school)
Thursday 14 March 9.15-12pm	French Film Festival
Thursday 14 March 9-2.30pm	Buroinjin selected Yr 5 & 6
Wednesday 20 March – 22 Friday March	Camp Cooba Yr 5 & 6
Friday 22 March	Ride or Walk to School Day
Thursday 28 March	Belconnen Region Swimming Carnival
Tuesday 9 April	MFPS Cross Country

Notes Home:

Medical forms for 2019

Safety Cycles Program (Yr 5 & 6)

Camp note (Yr 5 & 6)

Nutrition Magician (preschool)

Buroinjin (selected Yr5/6)

Wakakirri expression of interest (Yr5/6)

French Film Festival (Yr3-6)

Hall Museum (Yr3)

Zoo & Aquarium (Yr1)

PRINCIPAL'S MESSAGE

Swimming Carnival

I would like to give a huge thanks to all the volunteers and supporters at last week's swimming carnival. It was a wonderful day and these events can only take place successfully with dedicated and supportive volunteers and thankfully we had plenty of those on Friday! Thanks also to Megan Fritsch and Michael Vitek for their organisation of the carnival and Brad Imhoff, a former parent (!), coming down and helping on the day with the ICT requirements we are very grateful for his continued help!

MOMO challenge and Kids YouTube

I'm not an expert on this subject but I've been informed that the MOMO challenge (apparently a spooky face but I think there is more to it than that) has been hacked into Kids YouTube. My understanding is that the video your child might be watching on Kids YouTube seems safe and then 20-30 minutes into the video this appears, and it is very frightening for children. As this has been reported to us by a parent we thought it best to notify you.

Psychologist reports and assessments

We regularly receive requests from external psychologists for our teachers to complete teacher assessments for children as part of a broader assessment on the child. This is fine, we are happy to do this. However, these requests need to go to the front office marked for the attention of Chris Jones or Nicole Jagers, so we can manage the process from the school side and ensure they are returned accurately and in a timely manner to you. Please feel free to discuss this with your class teacher and/or team leader but the form needs to come to Nicole or me for it to be completed by the class teacher. We appreciate your support in this matter.

ANZAC Service pictures

Miles Franklin is the lead school in this year's Melba Copland Secondary School cluster ANZAC Day commemoration. Part of this will be a PowerPoint presentation with pictures of service men and women, both past and present. We do not know what the response will be from our families (and those from other schools) so cannot guarantee all pictures will be used but if you have photographs if they could be sent to me (along with a short caption) it would be much appreciated. We will also show these pictures at our own ANZAC Day commemoration at the end of Week One next term.

White Ribbon

I am incredibly proud to say we are officially a White Ribbon school. Last week Cherie Marshall, Eliza Bensley and I completed the training and reflections for White Ribbon and so the school has received this accreditation. My reason for wanting to be a part of this national movement is many fold: the most obvious one to me when



embarking on this was that I have a mum, a partner, a daughter and a sister and so the subject of domestic violence and freedoms and rights for women is very dear to my heart. Sadly, there is a death in Australia from a partner or former partner at a rate of more than one a week and many lives are harmed and destroyed above this. There are many shocking statistics in regards to this which are freely available on the internet, so I won't list them for you here. I hope you agree with me that this is unacceptable and that we need to educate our children (in an age-appropriate way) that disrespect and violence in general, and to women specifically, is not OK. This aligns closely with the messages we give in restorative conferences, talks with children and in our Friendly Schools Plus (our chosen social-emotional learning program) lessons.

Watches and devices

All phones, iPods, iPads, Switch games, watches with phones incorporated in them or watches with games (or anything similar to this list) need to be handed in to the front office when children arrive at school and then need to be collected when the child leaves the school grounds. Our preference is they are not brought to school where this can be avoided our front office staff work incredibly hard and the more children queueing up to drop off or pick up devices delays their ability to respond to parents and other children. Schools are a place for learning and these devices are a distraction or hindrance to that. Your support in this matter is appreciated by all staff and the vast majority of parents who have clearly expressed their views to me that they do not want these in the classroom due to the issues they raise with their own children (and which goes against the school's stated expectations which they agree with).

Chris Jones

IB Learner Profiles

Congratulations to the following students who will be receiving IB Learner Profile certificates at the assembly on Friday 15 March 2019.

Well done!

Classes	Students		
K Davis	Xavier A	Fabian M	
K Smyth	Sebastian S	Eva B	
K Stewart	Charlize L	Oliver A	
1 Bourne	Mika A-T	Faseeh H	
1 McGarity	Eden H	Jarvis W	
1 Morris	Jonty S	Priya G	
2 Holland	Sam F	Oliver S	
2 Packard	Pravachan D	Madison L	
2 Sybert	Jack G	Maddie P	
3 White	Elijah S	Lilli Y	
3 Kragh	Elizabeth D	Johann M	
3 Marshall	Lucas M	Kendra G	
4 Dykes	Caitlin B	Molly T	Nicolas P
4 Seymour	Kaede B	Charlotte A	Luke C
4 Witherdin	Ethan S	Hannah G	Sam W
5 Brennan	Kaleb S	Sam M	Breanna K
5 Carswell	Dallas S	Harper H	
5 Ebbage	Jasmine N	Gabriel C	
6 Bensley	Claire K	Lacey S	
6 Maxwell	Annie H	Toby S	Micah P
6 Thompson	Michael N	Sofia O	Kiara P

NAPLAN



NAPLAN Online will occur in our school between 14 and 24 May 2019.

NAPLAN Online is a more engaging assessment that adjusts questions to each student's achievement level. It also delivers more precise results to schools and parents more quickly.

NAPLAN provides valuable information to schools and parents about literacy and numeracy achievement. It supports school improvement processes by enabling teachers to monitor student progress over time and to identify areas of strength and development.

All eligible students are encouraged and supported to participate in NAPLAN testing. Visit www.nap.edu.au to see interactive versions of the test and for more information.

PE NEWS

NRL Legends Gala Day Wrap Up

MFPS was represented in the Belconnen region by three teams from boys and girls in Years 5 and 6. The students not only showed a high calibre of skills on the field, but their sportsmanship should also be commended. As IB learners of our school, they showed a high level of courage, care and fairness both individually and towards others throughout the day. A big thank you to all participants, the volunteers and the families who came to support the teams on the day. It was such a wonderful day and we look forward to more sporting opportunities in the future.

2019 MFPS Swimming Carnival Results

Congratulations to everyone who took part in the MFPS Swimming Carnival last week. I would like to thank all the parent volunteers who gave their time to help with timekeeping and marshalling – without the support of our volunteers, events like this are not possible. At the school assembly on Friday 15th March, all students who

achieved a 1st to 4th place overall in their event will be presented with their ribbons and the House with the most points will be announced.

1st to 4th Place Ribbon Winners

Lea O	Anton S	Cameron F	Siana P
Nora O	Kiara P	Halle N	Will M
Melia O	Anton S	Zahra N	Toby S
Cody W	Freya S	Sophie M	Reese P
Trinity M	Lucas L	Elisa W	Andrew Q
Nelson M	Sofia P	Daniel K	Charlotte P
Gabriel H	Nicolas P	Daniel B	William J
Tammy C	Kaede B	Nate H	Emilee E
Edward H-F	Lucy F	Gabriel C	Adam C
Lachlan B	Alice F	Aiden M	
Sienna B	Charlie Y		
Rachel H	Eden M		
Julian H	Lucas M		
Katie C	Ashlia M		
Dallas S	Lilly S		
Maddison S	Jack E		
Liv H	James L		
Gabe W	Hannah V		

School Sport ACT (SSACT) 12&U Track and Field State Registrations and Trials

On Wednesday 20th March and Tuesday 26th March, SSACT will be conducting selection trials for the 2019 12&U ACT Track and Field team. Those selected for this team will compete at the 2019 School Sport Australia National Track and Field Championships in Darwin from the 18th-23rd September in Darwin, NT.



Students should only consider registering and trialling if they have strong track and field ability – the selection trials are not participation events. Students who wish to trial **must meet selection criteria requirements, including minimum standard times. The selection criteria process can be found on the "Track & Field" page on the SSACT website.** [SSACT 12&U Track and Field SELECTION CRITERIA](#)

Trial Dates and Times - 20th March (4.00-6.30pm) and 26th March (4.00-6.30pm)

Venue – Woden Park Athletics Track, Phillip ACT

Registration Process - School Sport ACT now collects all registration information online – this is so all information is readily available to officials prior to the trial.

1. Go to the School Sport ACT website – www.schoolsportact.asn.au
2. Click Register (top right corner of homepage) for an Account – **enter parent details** and password
3. A confirmation email will be sent to your chosen email that will contain a link that you must click on to verify the email account.
4. Click Log In (top right hand corner of home page) enter password then click on top tab My Profile
5. You will see a 'dashboard' of your information, click green box to Add Student – enter student and medical details and save.
6. Go to the Sports Tab – choose your specific sport, click on Trial Information box then click on the Register to Trial link.
7. Select your child's name from the dropdown box and then enter the optional fields for Playing History, Preferred Position (if applicable) and Representative Experience. ***If you are already in the system, ensure your child's school is up to date in your profile – have they moved onto High School?***
8. Make the \$5 credit card payment then click to register.
9. An automated email will then be sent to your Principal/School Approver (Mr Chris Jones) for their approval to trial (no need to take anything to school for the Principal to sign).
10. You will be able to see the process has been complete back in My Profile – once your Principal/School Approver has completed the approval process your child's information will be collated onto a list for the Team Manager and Coach prior to trial.
11. **Note the registration process closes two days before the first trial date** to allow sufficient time for approval and sharing of collated information.

If parents have any questions, please feel free to email Megan Fritsch (MFPS PE Teacher) megan.fritsch@ed.act.edu.au

Extra Awards

Congratulations to the three students who stayed back at school on the day of the swimming carnival to help out the Kinder classes. They will also receive certificates at our assembly on the 15th March. Their names are: Rohan C, Kaleb S and Jayden K.





Wednesday 13th March

Harmony Day and

National Day Against Bullying

Next week, on Wednesday 13th March we will be having some special events at school to celebrate Harmony Day and to observe the National Day of Action Against Bullying and Violence.

Children can come to school dressed up in a costume from another country or they can wear a piece of **orange** coloured clothing. Parents do not need to purchase elaborate costumes. Children may like to bring a flag from their country of origin.

At **9.10 am**, children will attend a special Harmony Day Assembly on the blacktop. The assembly will finish with a parade where all the children will be able to display their multicultural costumes. Parents are welcome to stay and watch the assembly and the parade.

On Harmony Day, children are invited to bring a plate of food to share with their class mates at the 10.50 am lunch break. Students may bring a multicultural sweet or savoury snack. Cakes, biscuits, breads, crackers, sweets or tropical fruits will work well.

All foods will need to be nut-free and not require refrigeration. Please note, we are unable to heat up food.

The Harmony Day Team:

Jenny Hudson, Megan Beit, Lalangi Abhayapala, Caroline Stewart, Cherie Marshall, Sarah Ebbage, Maddy Packard, Amy Seymour, Emma Bourne and Denise Thompson



NRL Legends Gala Day 2019



Year 3 - 2019 - Term 1



It has been a busy start to life in Year 3. The students have been eagerly engaging in this year's first unit of inquiry 'Who we are'.

Students in Year 3 have been focussing on the importance of nutrition and exercise in sustaining a healthy lifestyle.

Year 3 have been inquiring into a range of concepts including the impact of sugar on the human body, serving sizes, the Australian Guide to Healthy Eating and how to accurately read food labels.

As part of our inquiry the Year 3 students attended an excursion to the Australian Institute of Sport. The students participated in a range of sports including European Handball, Basketball, Hockey and Soccer. They learnt many new skills and had a great day of exercise and fun.

Year 3 Team
2019



Attention Kindergarten Parents!



Kindergarten Health Checks are happening this year!

All kindergarten students in the ACT are eligible to receive a **FREE** health check



VISION CHECK



HEARING CHECK



HEIGHT, WEIGHT AND
BODY MASS INDEX (BMI)



If you have not returned your child's Kindergarten Health Check Consent and Questionnaire



FIND — Information packs will be sent home early in Term 1



SIGN — Complete the Kindergarten Health Check Consent and Questionnaire



RETURN — To your school by 7th March 2019

Your school can provide you with the date of the health check.

A SEMINAR FOR PARENTS/TEACHERS

PRESENTED BY DR LANNIE KANEVSKY

Learning: Focusing on Strengths

How is the learning of gifted students similar to and different from that of others their age?

How do learners learn? How is the learning of gifted students similar to and different from that of others their age? Dr Kanevsky will answer these fundamental questions and identify features of learning that can be adapted to respond to gifted learners' strengths. Dr Kanevsky will introduce a chart that can help them, their children, and educators match learning strategies to their child's strengths. We'll explore the free resources on her website to find those that will nurture and extend each child's extraordinary abilities.



Dr Lannie Kanevsky is now an Associate Professor in the Faculty of Education at Simon Fraser University (Vancouver, Canada) but began her career teaching primary school and programs for students needing additional challenge and/or support to thrive in school. For more than 30 years, her research has focused on the nature and nurture of the potential of highly able learners, how we can better understand them, and optimize the development of their abilities. Advocating for student voices in their learning has been a consistent feature of Dr Kanevsky's research and the materials she's developed to help them co-construct their learning experiences with their teachers. She's shared her work in print, presentations, and workshops with students, educators, parents, and scholars in Europe, Asia, Australia, New Zealand and North America.



ACT Gifted Families Support Group

Join us at 5:30pm for a drink of tea/coffee and conversation before the start of the seminar at 6pm

Time: 5:30pm – 7:30pm

Date: Thursday 21 March 2019

Where: Campbell High School Treloar Crescent Campbell ACT 2612

Ticket Pricing:

Early Bird offer until 7 March 2019: \$40

After 7 March 2019: \$50

ACT GFSG Members: Free

(Ticket cost included in annual membership fee)

Tickets available at:

<https://www.eventbrite.com/e/learning-focusing-on-strengths-for-gifted-learners-tickets-57303213454>

PO Box 141

Jamison Centre, ACT, 2614

Email: actgifted@gmail.com

ABN: 26442431408



EAT SPEAK LEARN

Speech Pathology Services



Eat Speak Learn is here to help children and adults experiencing communication and feeding difficulties, through personalised therapy services in Canberra.

For a **free consultation** or more information about speech pathology, visit us at our office located in Belconnen or at www.eatspeaklearn.com.au

Northpoint Plaza Level 1, 8 Chandler Street Belconnen, ACT 2617
Phone: 02 6156 2804 | enquiries@eatspeaklearn.com.au

Eat Speak Learn is a registered NDIS provider and offers a variety of payment options.

MELBA TENNIS CLUB



Free Community Fun Day

Saturday 16 March 1pm
Brownlee Place, Melba

- Free BBQ
- Free drinks
- Fun activities
- Join the club on day and receive 15 months membership for the price of 12 months (new members only)
- Come and have a try at your local tennis courts and our Hot Shot courts
- Meet the coaches



WHO WE ARE IS BUT A
STEPPING STONE TO WHAT
WE CAN BECOME

- DEUS EX

MELBA TENNIS CLUB



Free Community Fun Day

Saturday 16 March 1pm
Brownlee Place, Melba

- Free BBQ
- Free drinks
- Fun activities
- Join the club on day and receive 15 months membership for the price of 12 months (new members only)
- Come and have a try at your local tennis courts and our Hot Shot courts
- Meet the coaches



WHO WE ARE IS BUT A
STEPPING STONE TO WHAT
WE CAN BECOME

- DEUS EX

MELBA TENNIS CLUB



Free Community Fun Day

Saturday 16 March 1pm
Brownlee Place, Melba

- Free BBQ
- Free drinks
- Fun activities
- Join the club on day and receive 15 months membership for the price of 12 months (new members only)
- Come and have a try at your local tennis courts and our Hot Shot courts
- Meet the coaches



WHO WE ARE IS BUT A
STEPPING STONE TO WHAT
WE CAN BECOME

- DEUS EX