



## Newsletter

## Week 6 Term 2

### DATES TO REMEMBER

**Friday 7 June**

**Assembly Yr 6 – Whole School – 12pm**

**Monday 10 June**

**Queens Birthday Public Holiday**

**Wednesday 12 June**

**ACT Cross Country & Belconnen Region Rugby League (Sullivan Shield) Nicholls Playing Fields**

**Monday 17 June**

**Cyber Safety “Think you know” parent session 6pm – 7:30pm**

**Tuesday 18 June**

**Spelling Morning for Parents – Whole School 9am**

**Friday 21 June**

**Assembly Kinder – Whole School – 12pm**

**Thursday 27 June**

**Author Visit – Harry Laing Yrs 3-6**

**Thursday 4 July**

**Canberra Theatre Excursion Yrs 3-4**

## Notes Home:

**Wakakirri Ticket Order Form**

**Medical Forms for 2019**

**Author Visit**

**Tournament of the Minds**

**Canberra Theatre Yrs 3 & 4**

**Yr 5 Combined Band Practice**

**Band Payment Yr 5**

**Update letter Yr 6**

**Picture Products Preschool fundraiser**

**Kindergarten Intentions for 2020**

**Musica Viva Coming to Miles Franklin – Preschool to Year 2, 24 June and Years 3-6, 26 June**

**Notes to come next week**

## P&C News

Election Day BBQ and Cake Stall:

A big thank you to all the volunteers who helped out with the BBQ and Cake Stall for the Federal Election on 18 May, and to all the families that donated items for the Cake Stall.

The day was a great success with over \$2,000 raised.

P&C Meetings:

The next P&C meeting is 7pm Wednesday 19 June (Week 8) in the school meeting room. All parents and carers are welcome to come along and join the meeting.

If you would like to be included on the P&C email distribution list please email [mfpandc@outlook.com](mailto:mfpandc@outlook.com)

## Attachments:

**PE Sports News**

**Fete Update**

**Think you know Cyber Safety**

## Community News

**Building Strong and Safe Communities**

**Boot Camp**

**MFOSHC – School holiday program information and enrolment forms will be emailed seperately**



With winter upon us, it's important to remember that Canberra has lots of health options that don't involve a trip to a hospital emergency department. Many of these are free and available after hours.

Walk-in Centres provide free, one-off treatment of minor injury and illness, including colds and flu. They're a great choice for children over 2 years of age – children under 2 should see their GP.

Walk-in Centres are open from 7.30am to 10pm, every day of the year. They are staffed by highly skilled nurses who can provide you with a sick certificate and in some cases, medication, saving you time and money.

The service is free and no appointments are necessary.

Walk-in Centres are located in Tuggeranong, Belconnen and Gungahlin.

To find out more about getting the right health care for your symptoms, visit [www.act.gov.au/yourhealthoptions](http://www.act.gov.au/yourhealthoptions)

# PE | Sport Dates to Remember

## NRL Sullivan Shield - Field Change

The NRL Sullivan Shield on Wednesday 12<sup>th</sup> June, have moved this event to: **Nicholls Playing Fields, Clarrie Hermes Drive, Nicholls ACT 2913**. This event will **NO LONGER** be held at Gungahlin Enclosed Oval.

- Rugby League Sullivan Shield Years (3 & 4) / Years (5 & 6) - Wednesday 12 June.
- SSACT 12&U Netball Trials

## Belconnen Cross Country Carnival - 30 May

Miles Franklin Primary School saw 49 students compete at the Belconnen Zone Cross Country Carnival at Mt Stromlo Park last week. Well done to all those students who participated. Many of our students improved on their placings from last year.

A huge thanks to Steve H our parent volunteer who helped out as a course marshall for the day. These events couldn't run without strong volunteer support. Thank you also to Mrs Brennan who supported me throughout the day.

Congratulations to the following students below who progressed through to the ACT School Cross Carnival, which will be held on Wednesday 12 June at Mt Stromlo.

Ella V	12 Years Girls	3rd
Billy H	12 Years Boys	3rd
Cody W	12 Years Boys	9th



## THINK U KNOW- CYBER SAFETY PRESENTATIONS



Miles Franklin will be hosting **ThinkUKnow** presentations and all Years 5 and 6 students along with parents, carers and teachers are encouraged to attend.

Monday 17<sup>th</sup> June 12pm- Year 5 students' session

Monday 17<sup>th</sup> June 1.30pm- Year 6 students' session

**Monday 17<sup>th</sup> June 6.00-7.30pm**

**Parent session\* in the school library**

**\*The parent session is open to all Miles Franklin parents Preschool to Year 6.**

ThinkUKnow Australia is a cyber safety education program that educates parents, carers and teachers of how people are using technology, the challenges they may face online, and how to help them overcome these in a safe and ethical way.

ThinkUKnow Australia is a partnership between the Australian Federal Police, Microsoft Australia, Datacom and the Commonwealth Bank. The program is delivered in collaboration with policing partners New South Wales Police Force, Northern Territory Police, Queensland Police, South Australia Police, Tasmania Police, Western Australia Police, as well as Neighbourhood Watch Australasia.

The presentation will be delivered by a local law enforcement member **Joeline Scarlett** (Community safety, education and diversion ACT Policing) and an industry volunteer. The presentation covers issues relating to children and young peoples' privacy and security online, their relationships with other users and their online reputation. It provides insight into the devices young people are using, as well as the popular websites, apps and social networking sites they're accessing.

This is a fantastic opportunity for you to learn more about young people and the online environment, and how you can help them to be safe and responsible users of technology. For more information, you can visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au) or contact [nicole.jaggers@ed.act.edu.au](mailto:nicole.jaggers@ed.act.edu.au)

# ThinkUKnow for parents, carers and teachers

ThinkUKnow is a free, evidence-based cyber safety program. We aim to provide you with the tools to create a safer online environment for young people in your care. Our presentations cover what young people [SAY](#), [SEE](#) and [DO](#) online.

The presentations cover topics such as social media reputation management, cyberbullying, 'sexting', online grooming, online gaming, inappropriate content, privacy management, identity theft, how to protect your devices, and how to report matters when things go wrong.

**The program bridges the knowledge gap between adults and young people so that everyone has an understanding of the roles they play and what they can do if something goes wrong online.**

What young people **SEE** online

- We talk about challenges such as online grooming, 'sexting', cyberbullying and inappropriate content.
- What you can do to support young people through online challenges.
- We also explain how to report if something goes wrong.

What young people **SAY** online

- What you can do to help support young people understand what they say online can be permanent. We call this our 'digital shadow'.
- This includes talking about being respectful online, thinking before you post, knowing what information is okay to share online.

What young people **DO** online

- How they use technology to have fun online, such as applications (or apps), websites and social networks.
- How they can handle their digital shadow, including their privacy and relationships online.



**Upcoming Ideas X Change on how we can all help reduce violence and bullying in schools**

*Building Strong and Safe Communities for Learning* is a partnership project between the ACT Education Directorate and the ACT Council of Parents and Citizens Associations (P&C Council). Parents, students, principals and teachers are working together to reduce violence and bullying in schools. Initial workshops received amazing feedback, join us to have your say. Details: [www.education.act.gov.au/ideas-xchange](http://www.education.act.gov.au/ideas-xchange)



**You are invited to the Ideas X Change..A Different Conversation**

*We've heard your ideas about reducing violence and increasing safety in schools, help us make it happen, join us for an Ideas X Change...*

**Purpose:** Help us build strong and safe communities for learning.

**We need your:** experience and insights to test and provide feedback on the suggestions and ideas to reduce and better respond to violence in our schools.

Time	Date
6:45 - 8:30 pm	Wed 12 June
8:00 – 9:30 am	Thurs 13 June
3:45 – 5:30 pm	Thurs 13 June
9:45 – 11:30 am	Fri 14 June
6:45 – 8:30 pm	Mon 17 June

**Location:** Meeting room 11, Hedley Beare Centre for Teaching and Learning, Fremantle Drive Stirling, 2611

**Hosts:** P&C Council and Education Directorate

**Catering:** Light refreshments post event

**Parking:** Free Onsite

**RSVP/Bookings:** <https://www.education.act.gov.au/ideas-xchange>

If you require any further information relating to the Ideas XChange, please don't hesitate to contact Ms Leanne Ballard, Assistant Director Strategic Policy on [Leanne.ballard@act.gov.au](mailto:Leanne.ballard@act.gov.au) or 62052912. We look forward to working with you to build strong and safe communities for learning.



# FITNESS CLASSES



## THE WORKOUT

Come join Leon as he takes you through challenging classes which involve a mixture of exercises.

Every class is different and adjustable to your individual fitness level.

## THE EXERCISES

- Boxing
- Circuits
- Running & Cardio
- Core & Strength
- Stretching & Mobility

## THE DETAILS

- Saturdays  
8.00–9.00am
- Miles Franklin Primary School (Hall)  
Alderman St Evatt
- \$10 per session