



# Newsletter

# Week 2 Term 4

## DATES TO REMEMBER

<b>Monday 25 October</b>	<b>Preschool, Kindergarten, Year 1, Year 2 and Year 6 Return to School</b>
<b>Monday 1 November</b>	<b>Years 3, 4 and 5 Return to School</b>

## **Anxiety and Returning to School video series for parents and carers**

Is your child feeling anxious and worried about returning to school? The ACT Education psychology service have produced three short videos to help you support your child as they return to school in the next couple of weeks. The videos are on YouTube and are titled:

- [Understanding Anxiety](#)
- [Responding to Your Child's Anxiety](#)
- [Return to School Plan](#)

Contact Clinical Practice on 02 620 59555 or [EDUClinicalPractice@act.gov.au](mailto:EDUClinicalPractice@act.gov.au).

## **P&C**

The next General Meeting of the Miles Franklin P & C will be held at 7pm on Wednesday 20 October (Week 3).

The meeting will be held via Google Meet. The link used to access the meeting will be emailed to parents on the P & C email list.

The meeting is open to all parents and carers of Miles Franklin PS students as well as interested citizens. We hope to 'see' you there!

Contact [mfpandc@outlook.com](mailto:mfpandc@outlook.com) if you have any questions or would like to be added to the P & C email list